

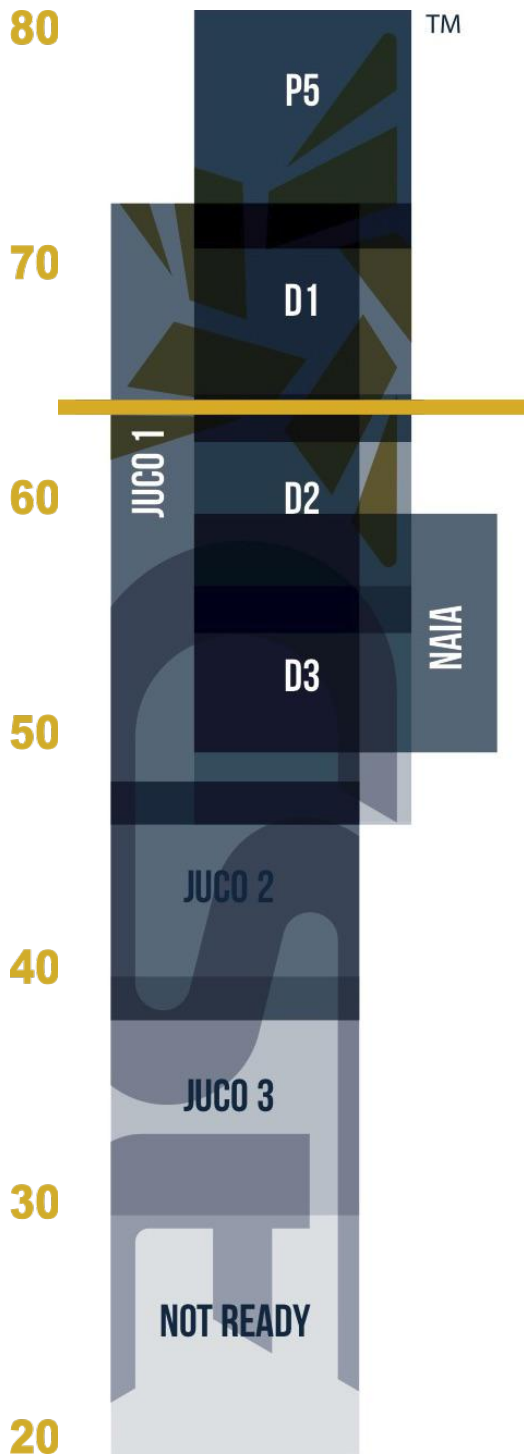


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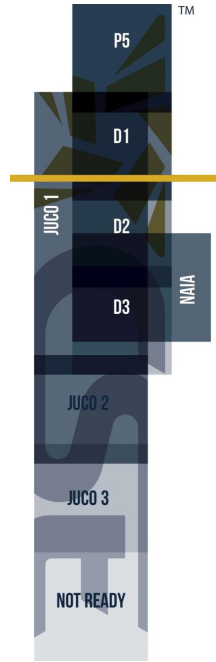
**Soos Sandoval**  
**2021**  
**Outfield Report**

**PLAYER:** Soos Sandoval  
**SPORT:** Fastpitch  
**POSITION EVALUATED:** Outfield  
**EVALUATION DATE:** 5-28-2021

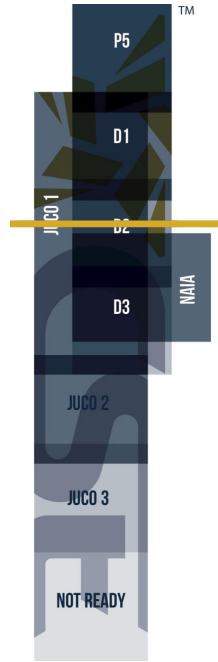
**64/80 POINTS**  
**OVERALL CSE SCORE**



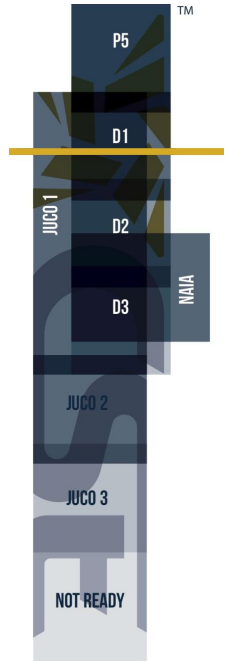
**HITTING POWER**



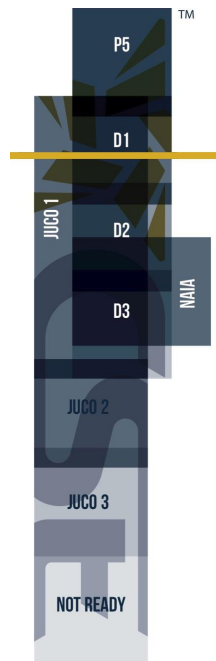
**HITTING CONTACT**



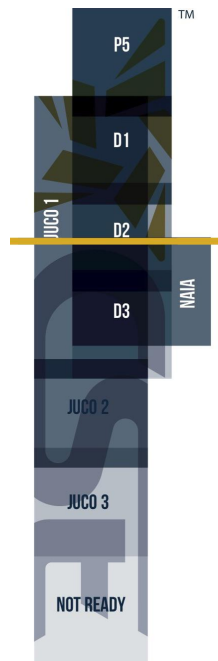
**FOOT SPEED**



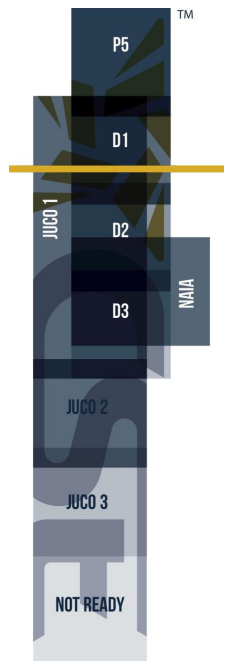
**ARM VELOCITY**



**DEFENSE**



**MENTAL GAME**





# Soos, you received a 64 on your CSE.

## WHAT THIS MEANS:

Your overall CSE score is a compilation all 6 traits that were evaluated. Based on the results from each category, tested through our scientific algorithm, you received a 64.

## YOUR IMPACT RESULT: Low D1, Mid JUCO 1

Impact: Along with starting, we forecast you could be a major component of the team and have the potential to change the outcome of games.

## YOUR STARTER RESULT: Mid D1, High JUCO 1

Starter: We forecast you could start most games and will be expected to contribute consistent performance.

## YOUR ROSTER RESULT: High D1, Low P5, High JUCO 1

Roster: We forecast you could receive some playing time, but will not be as consistent.

The results that you receive from this evaluation are based solely on how you performed in one day. There may be other factors that play into your skill level, and your score does not reflect your ability to improve or regress in other categories in future evaluation.

## YOUR EVALUATOR



### Dannielle Brown

Dannielle Brown hit her competitive softball stride at San Jose State where she excelled at playing third base. During this time, she grew a passion for college sports. Upon graduating, she went on to become an assistant coach at Foothill College from 2011 to 2014. While gaining experience coaching at the college level, she also coached for several travel teams at the 10u, 14u, and 16u levels. Following this, from 2014 to 2019, Dannielle accepted an offer to become an assistant coach at San Jose State. Excited to return to her alma matter, Danielle spearheaded organizing the infield as well as assisting with hitting for five seasons. During this time, she helped the team place first in the Mountain West Conference in 2017. By the fall of 2019, Foothill College brought Danielle back on board as the Head Coach where she is now working on building, growing, and maturing a relatively new program.



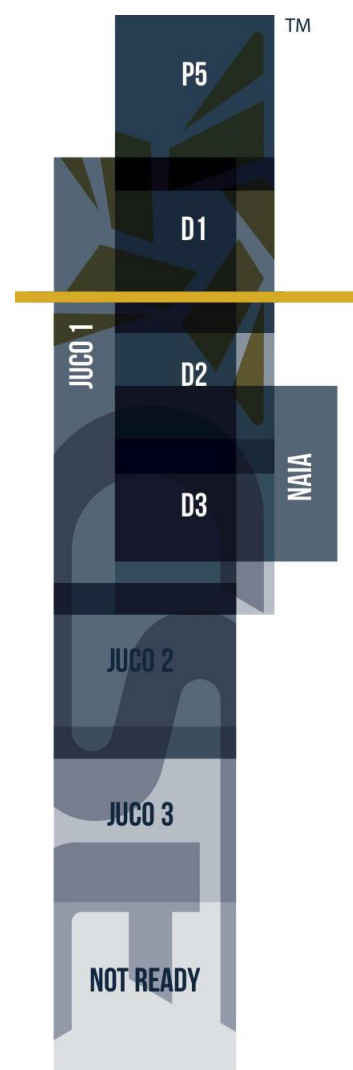
Measurement	Bat Speed (mph)	Rotational Acceleration (g)	Peak Hand Speed (mph)	Power (kW)
Value	55.40	7.00	16.30	1.79

## Drill Evaluation

**Bat Path:** You have a good, consistent bat path on most swings. Keep working to continue to create a good bat path on every swing you take. **Connection:** You have decent connection in your swing already, but you can always improve. Make sure that you are starting your hips slightly earlier than your hands on all swings and that you are creating a good 90-degree angle with your body and bat at all contact points. **Load:** You need to focus on developing a more efficient and better-timed load in the beginning stages of your swing. A good load is fundamental to being a great and timely hitter. First, focus on getting your timing down with your load. Take a ton of reps visualizing a pitcher, making sure your load is done as the ball is being released from the pitcher's hand. Then if your timing issues persist, focus on a different loading method. **Lower Body Explosion:** You do a good job of using your lower half in your swing, but you can develop even more power by using your lower half more efficiently. Be more explosive in your movements. Turn your hips hard and make sure your legs are actively pushing into the ground on every pitch. **Power Ability:** You have good pull side power in your swing, which is good to have! It would make you an all-around better power hitter to be able to present the same power to the opposite side of the field. Make sure that your hips are still turning just as fast, your hands are on a good path, and your wrists are strong on the outside pitch.

## Live

You did a good job with your power hitting during the game. Continue to work on developing your power hitting in practice and carry it over to the game.





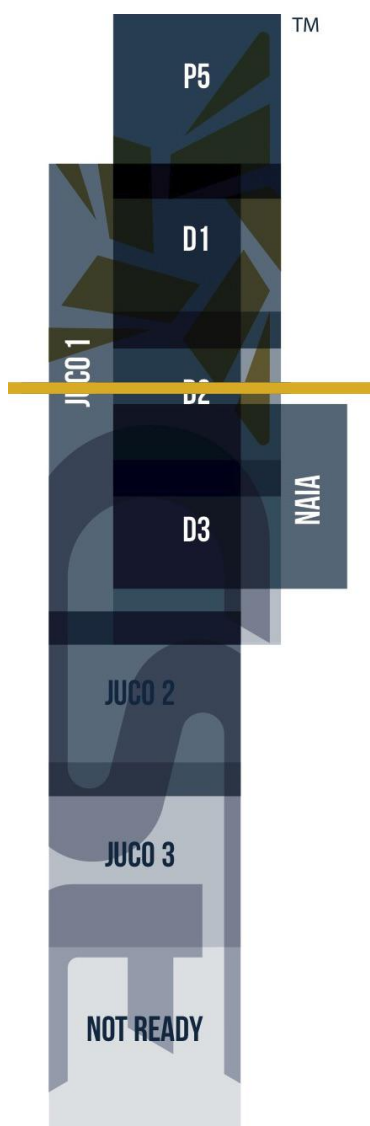
Measurement	On-Plane Efficiency (%)	Attack Angle (deg)	Verticle Bat Angle (deg)	Connection At Impact (deg)
Value	53.00	11.00	-22.00	99.00

## Drill Evaluation

**Adjustability:** You do a decent job of adjusting to pitches at the plate. There are some pitches that you still struggle with though, so it would help you to work on your adjustability at the plate. This means that you need to be able to better recognize some pitches and adapt your swing to be able to hit any pitch that is thrown to you. You can work on this by taking a lot of live reps or by using pitch tracking drills. Being able to hit any pitch is crucial to being a successful hitter. **Contact Ability:** You do a good job of making contact with a lot of balls, which is a great attribute to any player. Use that skill to your advantage. You also do a very good job of spraying the ball to all parts of the field. Keep working hard on driving balls that are in the zone. **Hands:** You have decent hand and bat speed right now, but it can always improve. You can greatly improve your bat speed by swinging a heavy bat in practice and hitting the weight room to make you stronger overall. In your pre-pitch set up, you have some hand movement, so you need to make sure that your hands are staying as quiet as possible and that your movement is limited. Too much movement pre-pitch can impact your bat path significantly. **Head Position:** You do a good job of keeping your head still during your swing, but you need to try and work on keeping your head down. Follow the ball all the way into the catcher's glove on every rep. Even when you swing, try to make it a point to follow the ball as deep as possible. **Pitch Selection:** You have decent pitch selection currently, but it can still improve to make you an even better hitter. Even if your mechanics are perfect, it is incredibly hard to hit the ball if you don't select the right pitches to hit. Find a pattern that works for you in the box and stick with it. Some hitters like to swing at the first strike they see, where others wait for "their pitch" to hit. Finding what works best for you along with good adjustability can help you improve your pitch selection dramatically.

## Live

You did a decent job with your contact hitting during the game. Continue to work on developing your contact hitting in practice and carry it over to the game.



BLAST®



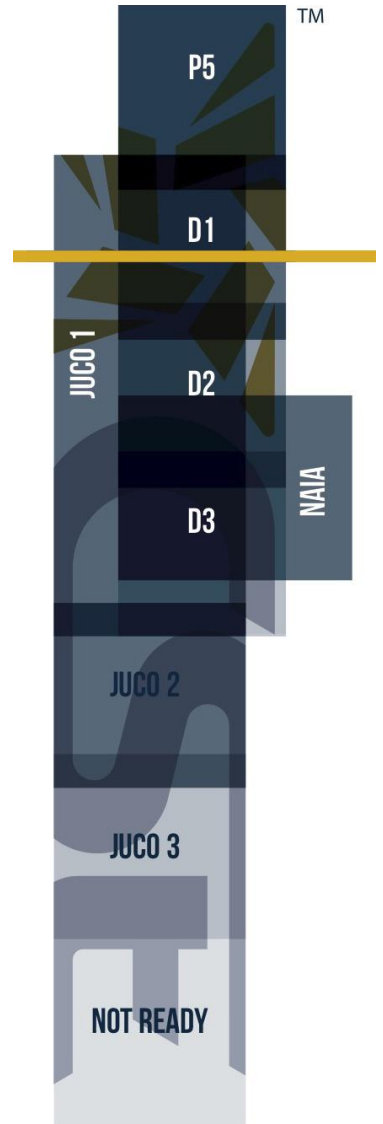




# FOOT SPEED

## Drill Evaluation

Live



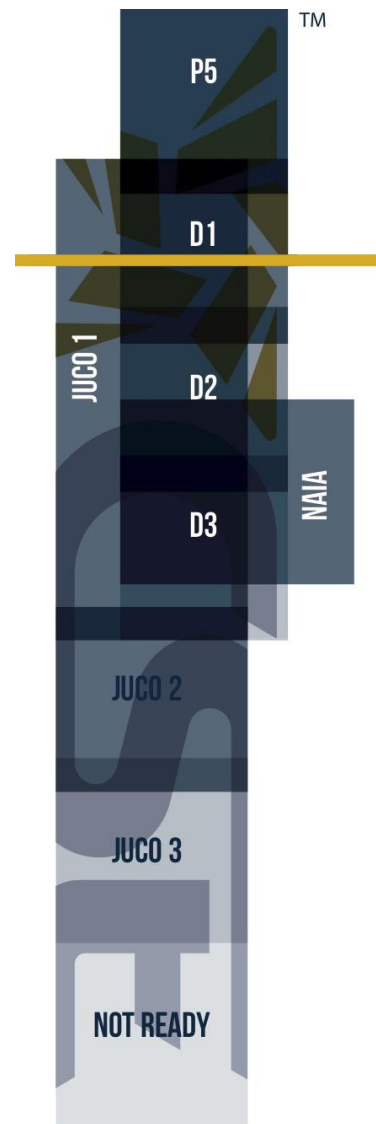


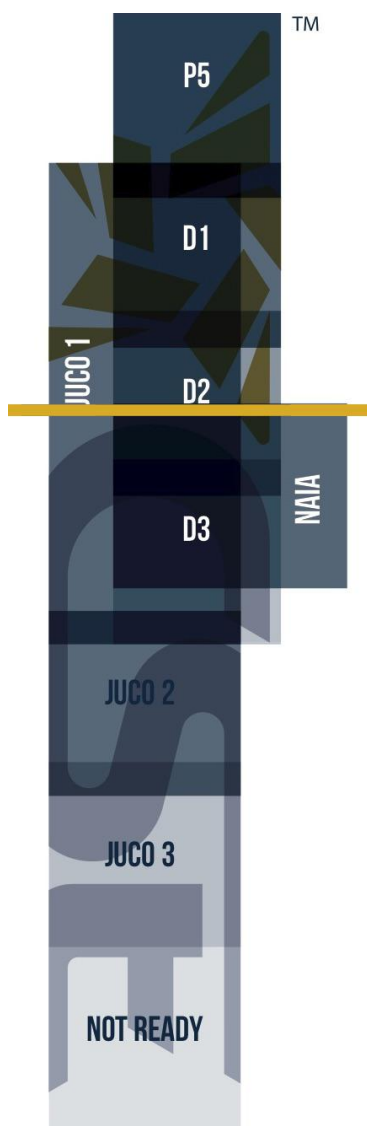
# ARM VELOCITY

Throw	1	2	3	4	5	6
Velocity (mph)	51.00	52.00	54.00	54.00	57.00	58.00

## Drill Evaluation

**Overall Strength:** Arm strength is above average for your age. Keep up the good work and maintain that strength. **Follow Through:** You need to follow through completely. To improve your follow through, break it down piece by piece. Use your backside and lower half to power through the throw. Make sure your arm is coming all the way down to your thigh and finishing with a snap. Lastly, be sure to tuck your glove hard into your armpit to create more upper body torque. **Arm Slot:** You have a great over the top throw but remember to make sure you keep your elbow up and parallel to the ground as you begin your throwing motion. This will help extend the life of a healthy arm. **Leg Drive:** Great overall leg drive during all parts of the throw. Keep it up!





## Drill Evaluation

**Positioning:** You need to work on positioning yourself better to play and receive the ball. You set yourself up in the correct position about half the time, so half the time you make great plays on balls and the other half can improve. Focus on setting yourself up for success before every pitch, thinking about where your feet are set, how they are set, and why they are set in the position they are. **Glove Work:** Overall your glove work is great. You are smooth with your glove and create the best environment to field a ball cleanly almost every time. Keep working hard to perfect your glove work. **Arm:** You have a great arm and present great accuracy. Continue to strengthen your arm with long toss outside of practice. It'll help to keep building that strength. **Range:** You have a good overall range which is great to see. Keep working hard to push the boundaries and reach even more balls. If there's one thing to work on with your range, it's creating a better first step. Your first step needs to be quick, large, and directional and needs to be practiced with purpose. A great first step can make you a great outfielder. **Hands:** You have a decent forehand/backhand, glove extension towards fly balls, and transitions time. All three can improve to make you an elite outfielder. Work through tons of short reps to shore up your hands. **Footwork:** You need to work on speeding up and cleaning up your footwork when fielding. This includes footwork while fielding the ball as well as your dropstep. Take tons of slowed down reps to build confidence, then move forward with quicker movements as you become more comfortable.

## Live

You did a decent job on defense in the game. Keep it up and continue to work on your defensive fundamentals in practice.





## Matched Athlete Type



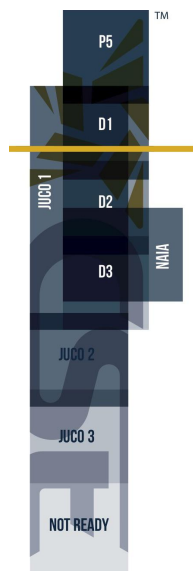
<b>Trailblazer Characteristics:</b> <ul style="list-style-type: none"> <li>• Free thinking, welcomes change</li> <li>• Typically very social - allows people in close</li> </ul>	<b>Trailblazer Strengths:</b> <ul style="list-style-type: none"> <li>• Empathizes with teammates</li> <li>• Creative problem solving, willing to embrace an idea</li> </ul>	<b>Trailblazer Inspirations:</b> <ul style="list-style-type: none"> <li>• Living life well</li> <li>• Joy of showcasing their talents</li> </ul>
<b>Trailblazer Struggles:</b> <ul style="list-style-type: none"> <li>• Could be easily distracted</li> <li>• Sometimes has difficulty following through</li> </ul>	<b>Trailblazer Pro Athletes:</b> <ul style="list-style-type: none"> <li>• Janelle Lindvall (softball)</li> <li>• Pete Alonso (baseball)</li> <li>• Tim Tebow (baseball/football)</li> </ul>	<b>Learn More</b> <a href="#">Click here to view all of the traits of your athlete type</a>

## TAP Assessment Scoring

You have **11** trait(s) at or above and **1** trait(s) below the average college softball scores.

[Click here to view your full TAP report.](#)

<b>Mental Toughness</b>	<b>63</b>	<b>Coachability</b>	<b>82</b>	<b>Mental Execution</b>	<b>51</b>
Grit	60	Growth Mindset	94	Focus Speed	69
Composure	37	Attention to Detail	76	Decisiveness	30
Confidence	60	Conventionality	72	Adaptability	50



## Evaluator Comments

**Physical Application of Instruction:** You did a great job of applying the instruction given during the drills. Keep being open to feedback. **Emotional Response to Criticism:** Great job having a positive response to criticism and feedback. It shows you are open feedback and it will help tremendously at the next level. **Clutch Performance:** You do well under pressure sometimes, but other times you fall to the pressure that's being put on you. Remember pressure is only as big as you make it. Work on creating pressure situations outside of games to help yourself perform under pressure. **Confidence:** Great job showing your confidence on the field. It tells everyone that you know what you're doing and allows your team to have more confidence in you. **IQ:** Good overall game knowledge and situational IQ. You have a good sense of what is happening on the field most of the time. Work on making this more consistent and reliable. **Competitive Intensity:** You were able to show us some intensity on the field and what we saw was great. Work on showing that competitive intensity all the time. You should want to be the best and win in every situation. **Interpersonal:** Great job communicating with your peers. You had a great presence on the field and had no problem being in command.



## Personal

Name: Soos Sandoval  
Club Team: All American Mizuno (Espinoza)  
Age Division: 16u  
Graduation Year: 2023  
Primary Position: Center Field  
Secondary Position: 3rd Base

## What college level do you believe you fit?

D1

## College Preferences

School Size: Medium  
Class Size: Medium classes, lecture halls with 100 students  
Distance from Home: 4+ hour drive away  
Type of School: High academic  
Anything Else? Computer Science Department

## Academic

GPA: 4.0  
ACT: NA  
SAT: NA  
AP Classes: AP Computer Science A and AP Spanish 4

## Recruitment

What coaching style fits you? Light a fire under me - intense coach  
Do you have any schools that have shown interest? Yes  
If yes, please describe: Visits/Camps with Menlo College and St. Mary's College  
Who currently handles recruiting for you?  
Club Coach  
Parent  
☒ Myself  
☒ I have a recruiting profile  
I need help being recruited  
Other:

## Financial

How will you pay for college?  
☒ Parents  
Student Loans  
☒ Academic Scholarships  
☒ Athletic Scholarships  
☒ Grants  
Other

If data is incomplete, please return to your account [here](#) and complete your self-profile.



## NEXT STEPS

### HITTING POWER

To improve your power hitting, the biggest thing to work on is your bat path. Make sure that you are taking a direct line to the ball every time and keeping the path consistent.

### HITTING CONTACT

For your contact hitting, you should really focus on improving your pitch selection at the plate. Choose good pitches to hit and play to your strengths. Have the mentality of “yes, yes, yes until no” every time you go up to the plate.

### FOOT SPEED

To improve your footspeed around the bases, really focus on your leg drive. Make sure that your knees are driving hard forward, and your legs are really pushing towards the next base. Improving your leg strength overall can also help with improving your footspeed.

### ARM VELOCITY

You should focus on improving the overall strength of your arm by playing long toss outside of practice or by lifting weights. Improving your arm strength can also help maintain the health of your arm.

### DEFENSE

The biggest thing to work on to improve your defensive ability is your footwork. Focus on being clean and swift with your movements. Use agility drills to help improve your footwork cleanliness and speed. Ladder and cone drills can really help improve your accuracy.

### MENTAL GAME

With your mental game, we would really like to see you improve on your competitiveness. Work on showing your passion and love for the game. Wanting to win is one thing but showing your passion to win is what is going to set you apart from your peers.

